

Reflexology

An alternative healing modality brought to North America by William Fitzgerald as Zone Therapy. This was further modified by Euna Inghamam as Reflexology. The origin of this modality is Chinese Acupressure. Acupressure relating to the reflex areas in the feet and hands to the organs and various parts of the body. Stimulating these reflexes properly can release toxins, pain, and imbalances in the related organs and parts of the body. This brings relief, balance and healing to the body.

Reflexology can help with many health problems